

# CENTRAL NEBRASKA COMMUNITY ACTION PARTNERSHIP

ANNUAL REPORT 2018



## MISSION STATEMENT

Partnering with individuals and families to encourage independence through community-based solutions.

# ATTITUDE OF GREATNESS FOR ALL

I once heard an inspirational story about Norma Heath, a woman from Massachusetts, that was homeless, but overcame her tribulations and went on to get a Bachelor's Degree in Psychology from the prestigious Harvard University. When asked what she wanted to do with her life, she stated she had a GOAL-to go to Harvard and get a degree. Years later, after she had acquired her degree, her dream was to help others that were experiencing similar hardships, so they could have a better life.

This story is an example of sheer determination: having a dream, making it a goal, having a positive attitude and believing in oneself of something better.

COMMUNITY ACTION is a lot like Ms. Heath; we strive to empower others so they see the potential in themselves..... Helping People~Changing Lives.

Having someone provide support, no matter how impossible the dream or goal seems to be, can ultimately change a person's journey in life and their final destination. Many times we don't know the impact of a service until years later when a client may share the significance of how...

- Head Start changed a family through the educational and parenting opportunities with their child
- A homeless program helped set goals, instilling hope through housing and other support services
- The WIC program provided baby formula when there wasn't money to purchase it themselves
- The Weatherization program added insulation and other energy techniques to a house that helped conserve energy and lower utility bills
- A Veteran was given promise through assistance with housing and other resources.

Through the implementation of the War on Poverty, Community Action was created so opportunities could be provided to individuals and families that would address challenges obstructing their independence. Although there have been changes throughout the years, we remain conscientious in our efforts and steadfast on our journey in providing quality services to those we serve.

### ***As Martin Luther King Jr., once said:***

*Number one in your life's blueprint, should be a deep belief in your own dignity, your worth and your own somebodiness. Don't allow anybody to make you feel that you're nobody. Always feel that you count. Always feel that you have worth, and always feel that your life has ultimate significance.*

*On behalf of the CNCAP Board of Directors and the CNCAP staff, our compassion to serve rises far above any barriers that may exist. We would like to take this opportunity to thank everyone for your support and generosity in 2018, and we look forward to another successful year of serving our communities.*

Warm Regards,

**CHERYL HOLCOMB**

CNCAP Executive Director

# CENTRAL NEBRASKA COMMUNITY ACTION PARTNERSHIP, INC.

## ORGANIZATIONAL STRUCTURE

A 27-member Board of Director's, representing the entire geographic service area, North Central, East Central, South Central and the six original "core Counties" guide the organization. The tripartite board is comprised of public elected officials, low-income representatives, and private interest groups-including members from business and religious affiliations. Among these representatives, there are members with expertise in Finance, Early Childhood Education, and Nebraska Law . The board oversees operations providing financial oversight and direction t o the CNCAP Executive Director.

### BOARD OF DIRECTORS MEMBERSHIP 2017-2018

Bobby Myers, Custer	JoAnn Koontz, Custer
DeeDee Christen, Custer	Doug Wrede, Greeley (S/T)
Jay Meyer, Greeley	Joyce Costello, Greeley
Kathy Hirschman, Howard	Brenda Klanecky, Howard
Barb Wroblewski, Howard	Jim Helgoth, Merrick
Arizona Brooks, Merrick	Nelva McNeff, Merrick
Larry Griffith, Sherman	Scott Friesen, Sherman (VP)
Jean Kowalski, Sherman	Roger Goldfish, Valley (P)
Joan Barnes, Valley	Kristine Marshall, Valley

#### Agency Name Changes and Dates

Sept 14, 1965 (Inc)	Central Nebraska Community Action Program, Inc. (CNCAP)
March 1977 (Name Change)	Central Nebraska Community Services, Inc.(CNCS)
November 13, 2015 (Name Change)	Central Nebraska Community Action Partnership, Inc. (CNCAP)
Board Members – Dates & #'s serving	
Sept 14, 1965 – Inc	5 Members
November 1965	16 Members
November 1978	18 Members
April 1995	24 Members
January 2005 - Present	27 Members

### NORTH CENTRAL DISTRICT

(Blaine, Brown, Boyd, Garfield, Holt, Keya Paha, Loup, Rock, and Wheeler Counties)

Ralph Metschke	Lesley Holmes	Bob Thomas
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### SOUTH CENTRAL DISTRICT

(Hall and Hamilton Counties)

Scott Arnold	Hope Anderson	Keith Smith
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### EAST CENTRAL DISTRICT

(Boone, Colfax, Nance and Platte Counties)

Christy Wemhoff	Sarah Gengler	Pat Heimes
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Policy Council/Board of Directors Liaison	Evelyn Theil
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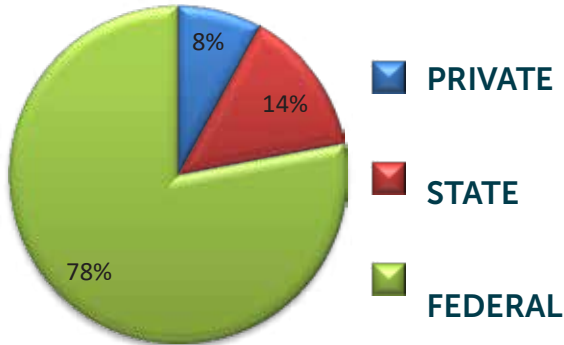
### *The Promise of Community Action*

*Community Action changes people's lives, embodies the spirit of hope and makes America a better place to live. We care about the entire community, and we are dedicated to helping people, help themselves and each other.*

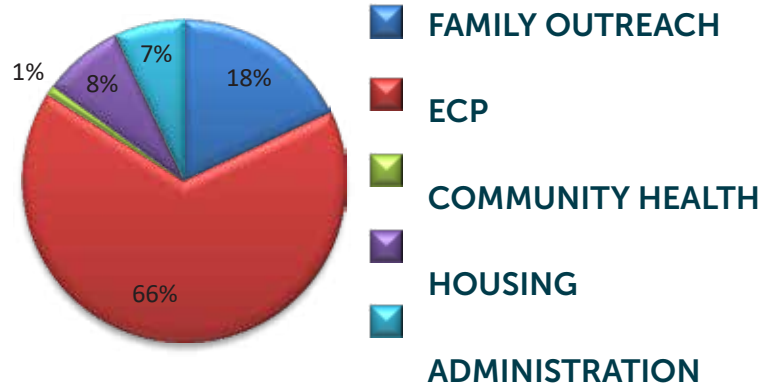
# AGENCY SUMMARY

TOTAL CNCAP BUDGET FOR 2018 \$12,446,265

## FUNDING SOURCES



## PROGRAM FUNDING



21 COUNTIES

COVERING  
17,000 SQ.  
MILES

4  
DEPARTMENTS  
OFFERING  
26  
PROGRAMS

191 EMPLOYEES

\$6,032,949 SALARY & BENEFITS

176 FULL-TIME

15 PART-TIME

14,955 LIVES WERE TOUCHED

47% OF HOUSEHOLDS SERVED WERE AT OR LESS THAN 75% FEDERAL POVERTY LEVEL

OF THE 14,955 PEOPLE SERVED  
50% WERE MALE AND 50% WERE FEMALE  
35% WERE DISABLED.

ETHNICITY = HISPANIC 20%  
NON-HISPANIC 74% 7% UNKNOWN

RACE = ASIAN 1%, NATIVE HAWAIIAN 1%,  
MULTI RACE 1% AMERICAN INDIAN 2%, BLACK 2%,  
WHITE 89% OTHER 3% AND UNKNOWN 1%

## MISSION STATEMENT

Partnering with individuals and families to encourage independence through community-based solutions.

# COMMUNITY HEALTH PROGRAMS

## WOMEN, INFANTS AND CHILDREN PROGRAM

Women, Infants and Children (WIC) participants are seeing a different way to access their food dollars because Nebraska implemented a new method to distribute food benefits. In the Healthy Hunger-Free Kids Act of 2010, States required all WIC agencies to implement EBT (electronic benefits transfer) by 2020.

Beginning in June 2018, Nebraska implemented the EBT or eWIC in waves across the state. Central Nebraska Community Action Partnership was in Wave 5 that began in October throughout the service area. State WIC representatives attended all the clinics held the first 3 weeks to train and then had an established help desk if additional assistance was needed. Visits were also made to the various participating grocery stores to train them on the new procedures with follow-up visits to provide further educational opportunities for store employees.

What is eWIC? It is the electronic equivalent to paper checks for processing WIC benefits. Participants are issued magnetic stripe cards, just like a debit or credit card that require a PIN. Benefits are then added to the cards account for up to 3 months at a time, with only the current month's benefits being accessible by the participant.

In the past, in using paper checks, the participant had to purchase everything on the check or lose the benefit. With eWIC, the participant can shop for what they need, when they need it, and not have to purchase everything all at one time.

WIC provides nutritious foods such as dairy products, cereal, formula, eggs, fruits and vegetables. With the paper checks, the cashier was responsible for determining which items the shopper would be allowed to purchase that day. This resulted in \$100 million of rejected WIC checks annually nationwide.

With eWIC, the system determines the items with the shopper's WIC "prescription" downloaded on a computer chip in the card and as the checker scans a product's UPC code, the EBT system searches the shopper's prescription in order to verify whether the shopper is eligible to purchase that item. If it is, the item is deducted from the prescription and added to the purchase. If not, the point of sale terminal will indicate that the item is ineligible for purchase by that shopper under WIC rules.

Overall, the CNCAP WIC staff felt the rollout went effortlessly at the clinics and is excited about the new eWIC system and feel that EBT will help WIC participants with easier access to their food packages.

CNCAP works with 27 vendors (grocery stores or pharmacies) in our 21 counties.

### A SURVEY WAS CONDUCTED WITH WIC PARTICIPANTS AND CNCAP HAD RESPONSE FROM 174 PARTICIPANTS. OF THOSE 174 RESPONDENTS, THEY HAVE PARTICIPATED IN WIC:

- Less than 9 months 9.5%
- 6 – 12 months 17.88%
- 1 – 2 years 27.375%
- 3 – 5 years 22.91%
- 5 + years 22.35%

*We love and appreciate WIC very much. Our son is on a feeding tube and they provide all of his monthly formula for the feeding tube. They are very flexible with scheduling and understanding if we can't come to an appointment because our son is sick. I always feel like I can ask questions and they are very helpful with everything. Thank you for all you do, you are so helpful and appreciated by many families. We are lucky to have this in our community.*



# COMMUNITY HEALTH PROGRAMS

## PEER COUNSELORS

### WIC PEER COUNSELING PROGRAM

The Women, Infants, and Children (WIC) Peer Counseling program adds a critical dimension in WIC's efforts to help personal experience with breastfeeding and are trained to provide basic breastfeeding information and support to other mothers. Peer counselors are knowledgeable with the resources available to WIC clients and have familiarity with the questions a new breastfeeding mother may ask. They also recognize when to refer mothers to other resources during critical periods when mothers may be experiencing difficulty. The WIC Peer Counseling program constantly strives to provide the highest quality service and support to the participants so they have the best breastfeeding experience as possible.



### IMMUNIZATION PROGRAM

Vaccinations for various illnesses and diseases are offered to individuals from birth to adults. Vaccines for polio, chicken pox, diphtheria, tetanus, pertussis, rubella, measles, mumps, influenza Type B, pneumonia, HPV, meningitis, rotavirus, and, Hepatitis A and B.

### VFC IMMUNIZATION PROGRAM

Immunizations are offered! Vaccinations for various illnesses and disease are offered to individuals from birth to adults. Vaccines for polio, chicken pox, diphtheria, tetanus, pertussis, rubella, measles, mumps, influenza

WIC

**PARTICIPANTS SERVED:**

**1043 TOTAL SERVED | 471 WOMEN | 164 INFANTS | 408 CHILDREN**

WIC PEER

**MOTHERS SUPPORTED:**

**82 WOMEN**

VFC

**IMMUNIZATIONS ADMINISTERED:**

**697 TOTAL INDIVIDUALS | 2045 VACCINATIONS**

*The Breastfeeding Peer Counseling Program is so nice. I get checked on by my peer counselor each week. Just about the time that my husband and I are wondering what to do next with feeding our new baby, my peer counselor happens to check in. I've asked her about how to build up my supply a little more for when I go back to work and ideas for weaning my baby off the nipple shield. She always gives me great resources and her words are helpful. Knowing Lisa is here in my corner and cheering us on helps me to stay accountable and to know I am not alone to figure things out. It is so encouraging to know she is here in my corner. -J.C.*

*My peer counselor is always available anytime that I need help. She answers all of my questions well. I have asked her about ideas for making sure I get all the milk out the best I can because I've had problems with plugged ducts. She gave me really helpful answers and resources. My baby is almost 9 months old and is still getting my milk! My peer counselor has helped me so much along the way. -B.W.*

## MISSION STATEMENT

To foster the healthy lifestyles of Central Nebraskans through health promotion, prevention and education

# EARLY CHILDHOOD PROGRAMS

## PARTNERSHIPS

It is the intent of Nebraska Department of Education to help school districts move away from service delivery models that segregate children based on income. School districts must make every attempt to serve otherwise unserved children and to partner with community programs such as Head Start, to provide the best experiences for each individual child and family.

- The Head Start Program has formal partnerships with 9 Public Schools (Ainsworth, Burwell, Central City, Centura, Columbus, Loup City, Ord, Schuyler and St. Paul)
- The Early Head Start Program also has a formal partnership with five Public Schools and the Department of Education that funds the Sixpence Program which serves ages 0-3. (Aurora, Central City, Loup City, Ord, and St. Paul)



## PROGRAM GOALS

- Early Childhood Programs will provide support to ensure children are healthy and successful.
- Early Childhood Programs will support families as the primary educator of their child.
- Early Childhood Programs will collaborate with communities in advocating for our program.
- Early Childhood Programs will build competent and engaged staff.
- Early Childhood Programs will provide smooth transitions for children and families.
- Early Childhood Programs will develop a plan to integrate Child Plus into current monitoring systems.

*Central Nebraska Community Action Partnership's Early Childhood Programs promotes family strengths by recognizing individual values, encouraging teamwork, and creating links in the community.*

## MISSION STATEMENT

# EARLY CHILDHOOD PROGRAMS

## EHS/HS SCHOOL READINESS

Our agency is in our eighth year of utilizing Teaching Strategies GOLD as our ongoing child assessment. Early Head Start enters ongoing child assessment data all program year with four checkpoints that we collect data from. At the end of each checkpoint we analyze the data and create Implementation Plans. Our goal is that 85% of our children are meeting/exceeding the color bands (age expectations) in Social-Emotional, Physical Fine and Gross Motor, Language and Cognitive. We set a goal that 75% of children are meeting/exceeding the color bands in Literacy and Math. Head Start enters ongoing child assessment data in the fall, winter and spring checkpoints. At the end of each checkpoint Head Start classrooms analyze the data using the School Readiness Outcomes Implementation Plan.

Head Start's goal is to have 85% of our children meeting or exceeding their age expectations in the Social Emotional, Fine Motor, Gross Motor, Language, Cognitive, Literacy and Math areas. In the areas of Science, Social Studies and The Arts our goal is to have 65% of the children meeting or exceeding their age expectations.

We continue to train new Early Childhood Programs staff on the Early Learning outcomes Framework (ELOF) when helping them plan and individualize activities and experiences in the classroom and on home visits. This is also our 2nd year of doing Practice Based Coaching. Head Start Area Manager Education Coordinators completed the CLASS assessment on all classrooms in the fall and in March/April. Four years ago Early Head Start Center-Based also began doing Toddler CLASS. Training was provided utilizing NCQTL training suites and staff set a professional development goal based on areas they wanted to improve upon. For the past two years we have been participating in a research grant called Getting Ready that is through the University of Nebraska in Lincoln.

This research project is targeted

around supporting the development of infants/toddlers through an integrated parent-teacher relationship-based approach. Last year, 5 EHS Columbus and Schuyler Classrooms were part of this grant with 16 targeted children and families

participating and 9 teachers (5 teachers were in a coach group who received intensive coaching from UNL staff). We are currently in Cohort 2 of this project and although 4 classrooms have transitioned out of the grant, we have added three additional EHS classrooms (O'Neill, Schuyler, and Broken Bow).



## MISSION STATEMENT

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# EARLY CHILDHOOD PROGRAMS

## THE PARENT, FAMILY AND COMMUNITY ENGAGEMENT DATA

Our PFCE Expertise has incorporated the Parent, Family, and Community Engagement goals into our programs 5 Year Goal Plan. Child Plus data is analyzed and reviewed monthly by expertise team and program staff to showcase family engagement opportunities within each program option. The PFCE expertise team researched and implemented the “What You Do Matters” parenting curriculum. The parenting curriculum for Home Based is implemented within the Parents As Teachers Foundational Curriculum during home visits.

### AGENCY AUDIT

Results of our agency audit showed no areas of non-compliance.

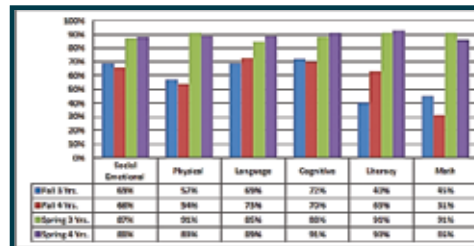
### FEDERAL REVIEW

Focus Area Two Monitoring Review and CLASS Observations was March 19-23, 2018. We met all requirements assessed. CLASS Results – Emotional Support 6.2386, Classroom Organization 5.9621, Instructional Support 3.8939

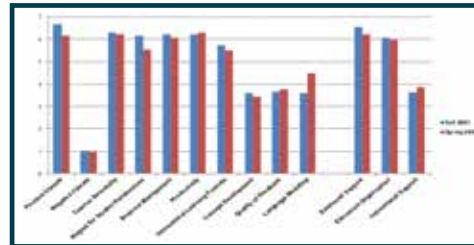
### NON-FEDERAL SHARE

Through the help of parents, community members and volunteers Head Start and Early Head Start was able to raise \$1,212,006 in Non-Federal Share contributions for 2017-2018.

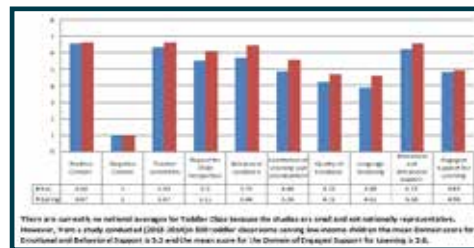
PERCENTAGE OF 3 AND 4 YEAR OLDS MEETING OR EXCEEDING COLOR BAND EXPECTATIONS



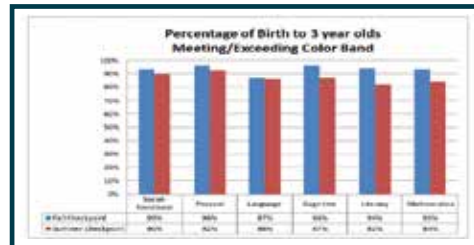
HEADSTART/PRE K CLASS AGENCY AVERAGE SCORES FALL 2017- SPRING 2018



CNCAP EHS CENTERBASED TODDLER CLASS SUMMARY FALL 2017- SPRING 2018



PERCENTAGE OF BIRTH TO 3 YEAR OLDS MEETING/EXCEEDING COLOR BAND



# EARLY CHILDHOOD PROGRAMS

## 2017-18 ENROLLMENT LEVELS:

### HEAD START:

- 305 FUNDED ENROLLMENT
- 328 ACTUAL CHILDREN SERVED
- 309 ACTUAL FAMILIES SERVED

### EARLY HEAD START:

- 205 FUNDED ENROLLMENT
- 336 ACTUAL CHILDREN/PRENATAL WOMEN SERVED
- 243 ACTUAL FAMILIES SERVED



## PROGRAM INFORMATION REPORT 2017-18

### HEAD START:

- 100% of children were up-to-date on a schedule of preventive and primary health care (at the end of enrollment)
- 98% of children completed dental exams
- 31% needed dental treatment
- 90% of those needing dental treatment, percentage of those that received dental treatment
- 100% of children with a medical and dental home (at the end of enrollment)

### EARLY HEAD START:

- 86% of children were up-to-date on a schedule of preventive and primary health care
- 100% of children with a medical home (at the end of enrollment)
- 97% of children with a dental home (at the end of enrollment)



## MISSION STATEMENT

Central Nebraska Community Action Partnership's Early Childhood Programs promotes family strengths by recognizing individual values, encouraging teamwork, and creating links in the community.

# EARLY CHILDHOOD PROGRAMS

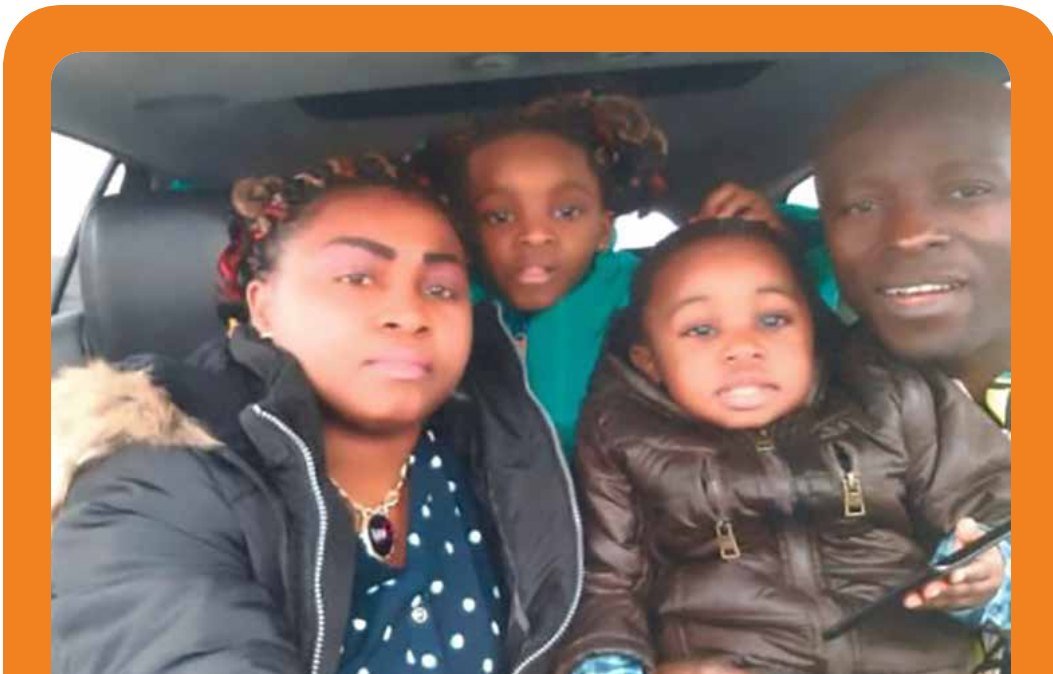
## HEAD START BEATING THE ODDS-PARENT AWARD

At the November 9th Nebraska Head Start Association Conference, it was announced that Head Start parents, Lucien Luyinduladio and Florine Basile were the recipients of the Nebraska Head Start Beating the Odds-Parent Award. This resulted in their application being submitted to the Region VII Head Start Association for further consideration.

Lucien and his wife Florine moved from the Congo in September 2016 to Chicago, Illinois. They then moved from Chicago to Columbus NE. Moving from the Congo to the United States, Lucien and Florine only spoke French. Since moving to Columbus, Lucien and Florine have taken English classes to better their ability to communicate with others. Now they can read and speak English to communicate with teachers and friends.

They both have set many goals for themselves. They were both working second shift at a local factory because Florine did not have her driver's license and they did not have a second car. This made it so that they were unable to see their children as much as they would like. Florine worked hard practicing driving and she took the driver's test and received her license. They then bought a second car and Florine was able to switch to first shift. This change helped them spend more time with their children.

While Florine was working on getting her driver's license, Lucien set a goal for himself to get his Certified Nursing Assistance (CNA) certificate. He took classes at Central Community College and was able to complete the course receiving his CNA at the beginning of summer. The three traits that stand-out about Lucien and Florine are ambition, courage and passion. Their ambition can be summed up as continuing their education and providing more quality time as a family, courage of leaving the Congo and starting a new life in a different country and passion about their children's education. They both realize how important it is for their children to be at school and to work together with the teachers to set goals and achieve them.



# HOUSING DEPARTMENT



## HOME SWEET HOME

The home we grew up in has come a long way over the years. In the 60's an average house cost about \$12,000.00. Today that same house would cost between \$98,000 - \$170,000.

The Housing Department assists individuals and families with a variety of housing opportunities throughout our 21-county service area.

Windows, doors, siding and insulation are improvements made on numerous houses in the service area benefiting many individual family members across the lifespan. Specific funding is also available for furnaces, water heaters and refrigerators to improve the lives of our families.

Vacant or blighted houses can negatively impact our neighborhoods while maintenance costs can bring hardships to families already stressed by daily financial challenges. Supporting rehabilitation opportunities include energy home saving repairs, lead-based paint testing and rent assistance, for income eligible families. We assist clients with long-term goals to overcome barriers and achieve economic self-sufficiency creating more vibrant communities throughout Central Nebraska Community Action Partnership's (CNCAP) service area.



*The home owner was very pleased with the work that the crew was doing and informed me that they cleaned up and informed her on everything that was planned. She commented on how comfortable the home was with the work that was being done. Client comment per NE Energy Office monitor.*

## WEATHERIZATION NEEDS MET

- Household 27
- Beneficiaries 48
- Handicapped 7
- Elderly 9
- Owners 20
- Renters 7
- New Furnaces 8
- New Water Heaters 2
- New Refrigerators 4



## MISSION STATEMENT

*To provide choices for individuals and families in the selection of safe, affordable and energy efficient housing.*



# FAMILY OUTREACH

*Dedicated to inspiring and empowering people in obtaining lasting solutions to life's challenges and promoting community partnerships.*

**MISSION STATEMENT**

# FAMILY OUTREACH

## MISSION STATEMENT

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# FAMILY OUTREACH

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**MISSION STATEMENT**

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COMMUNITY ACTION PARTNERSHIP, INC.**

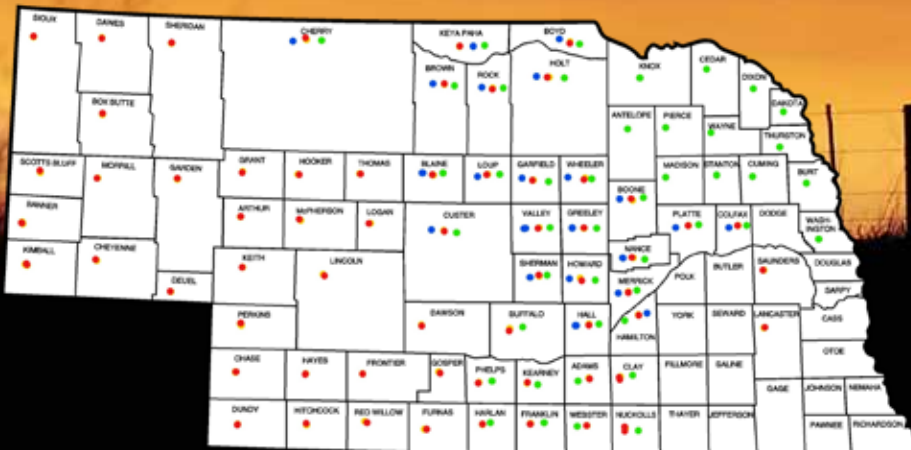
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**CNCAP SERVES 21 COUNTIES IN NORTH CENTRAL NEBRASKA:  
Blaine, Boone, Boyd, Brown, Colfax, Custer, Garfield, Greeley, Hall, Hamilton, Holt, Howard,  
Keya Paha, Loup, Merrick, Nance, Platte, Rock, Sherman, Valley and Wheeler.**



THE LIFESPAN RESPITE SERVICES PROGRAM COVERS 45 COUNTIES STATEWIDE AND THE SSVF (SUPPORTIVE SERVICES FOR VETERAN FAMILIES) SERVES 62 COUNTIES.

- ORIGINAL 21 COUNTIES OF CNCAP
- COUNTIES SERVED BY SSVF
- COUNTIES SERVED BY LIFESPAN RESPITE